

# Childrearing Consultation Information

## ~2026 Fiscal Year~

- **Age Range**

Children 0-6 years of age

- **Details**

- \*Body Measurements

- \*Nurse/Nutritionist Consultation

- \*Introductions to age-appropriate activities led by childcare professionals

- **Location** Imaichi Health and Welfare Center  
(109 Hiragasaki, Nikko City)

- **What to Bring**

- Maternal and Child Health Handbook

- A bath towel to lay child on during examination

- **Reception Time**

- ① Children under 12 months **9:30~10:15**

- ② Children over 12 months **10:15~11:00**

- ※For those bringing siblings, please come at time slot ②

### WHAT WE CAN OFFER...

- Confirmation of growth milestones (e.g. at 2 years, 4 years, etc.)
  - Connections with nearby social groups
  - Information about vaccinations
  - Confirmation of monthly physical development
- ...AND MORE! We offer support for a variety of concerns and issues.

There will also be a playtime corner held by the Poka-Poka Regional Childcare Support Center!

- **Dates (All Tuesday)**

2026	28-Apr	26-May	30-Jun
	28-Jul	25-Aug	29-Sep
	27-Oct	24-Nov	22-Dec
2027	26-Jan	16-Feb	16-Mar

### RESERVATIONS REQUIRED



- Please make your reservation and fill out the form by 8:30am on your reserved date.  
(No paper forms required!)

**Nikko City Health Department**  
(Imaichi Health and Welfare Center)  
**TEL 0288-21-2756**

